



whole wheat TORTILLA RECIPE

INGREDIENTS:

Yields: (270) 7" Tortillas

15 lbs. All Purpose Flour

10 lbs. Whole Wheat Flour

2 lbs. MINOM

12 oz. Molasses

3 lbs. Vegetable Shortening

6.5 qts. Cold Water

-INSTRUCTIONS-

Place all ingredients in your mixer,
Mix on Low Speed (1) for 2 minutes
Mix on Medium Speed (2) for 4 mins.

For 7" Tortillas:

Round into 1.5 oz. dough balls

For 12" Tortillas:

Round into 4.8 oz. dough balls

Allow Dough Balls to rest (proof)
for atleast 30 minutes before putting
into a BE&SCO Tortilla Machine.

MINOM^{INC}

Premium Flour Tortilla Base

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